

# Advice on Use

## Suggested 'dos and don'ts' when using gloves

Before using a medical examination glove you should think carefully about which glove to use, the task you need to perform and how the glove should be used, including any precautions to maintain the integrity of the glove. Here is our suggested list of 'do's' and 'don'ts':

### Do....

- Ⓐ ...follow your organisation's health and safety policy (or conduct a risk assessment)
- Ⓐ ...ensure hands are properly washed and thoroughly dried before donning gloves
- Ⓐ ...if you have a Type I (latex) or Type IV (chemical) allergy, select an appropriate glove
- Ⓐ ...choose the correct size glove to minimise tearing and maximise dexterity
- Ⓐ ...select the correct glove according to performance characteristics for the intended task
- Ⓐ ...keep fingernails short and remove jewellery before donning to prevent puncturing
- Ⓐ ...adhere to your organisation's infection control guidelines during use
- Ⓐ ...replace gloves if they are torn or punctured
- Ⓐ ...dispose of gloves immediately after use in accordance with your organisation's waste policies
- Ⓐ ...always wash your hands after removing gloves

### Don't....

- ✗ ...store gloves under high ambient temperatures, near direct heat, in direct sunlight or exposed to fluorescent lighting
- ✗ ...use the same gloves for multiple tasks if cross infection is possible
- ✗ ...wear gloves in between tasks/procedures
- ✗ ...continue to use if exposed to biological hazards for prolonged periods of time
- ✗ ...handle equipment or stationery whilst wearing gloves, to avoid contamination
- ✗ ...macerate after use
- ✗ ...dispose of gloves carelessly
- ✗ ...replace good hand washing/hygiene with gloves

## Choosing a glove by application

The previous section of this catalogue details the most appropriate way to select the correct product based upon the characteristics of the glove rather than the specific task. However, for a quick and simple guide to the most likely glove type required for various tasks, please use the suggestions below.

Application	First Choice	Alternative Choice
Hospital - clinical procedures	Cyraguard® range	Nytraguard® range
Hospital - routine patient care	Nytraguard® range	Vinoguard® Synthetic
Hospital - administration of chemotherapy drugs	Nytraguard® ChemoPura®	N/A
Emergency services	Nytraguard® range	Cyraguard® range
Dental clinics	Cyraguard® range	Nytraguard® range
GP surgeries	Nytraguard® Biuplo®	Vinoguard® Synthetic
Community nurses	Nytraguard® range	Cyraguard® range
Laboratories	Nytraguard® ChemoPura®	N/A
Care homes	Vinoguard® Synthetic	Vinoguard® range
Nursing homes	Nytraguard® Biuplo®	Vinoguard® range
Community care	Nytraguard® Biuplo®	Vinoguard® Synthetic
Councils/Social services	Nytraguard® Biuplo®	Vinoguard® range
General cleaning/janitorial	Nytraguard® range	Vinoguard® range
Food & catering	Nytraguard® Biuplo®	Vinoguard® range (non fatty foods only)
HM Customs/Airlines	Nytraguard® range	Cyraguard® range
Motor vehicle garages	Nytraguard® range	Vinoguard® range
Hair & beauty salons	Vinoguard® range	Nytraguard® Biuplo

### Notes

1. These suggestions are purely for guidance only. The exact choice of glove is subject to your organisation's health and safety policy, or alternatively by conducting a risk assessment and selecting the glove based upon specification and performance.
2. Where a specific Biuplo® range product is not specified and a 'range' is suggested, the most appropriate glove should be more closely identified by performance characteristics, shown on the individual product pages and summarised on page 09.