

# Instruction for use



IMM1035\_IFU.Version7.2020-09-10



# OneManSling

**immedia**  
by Etac

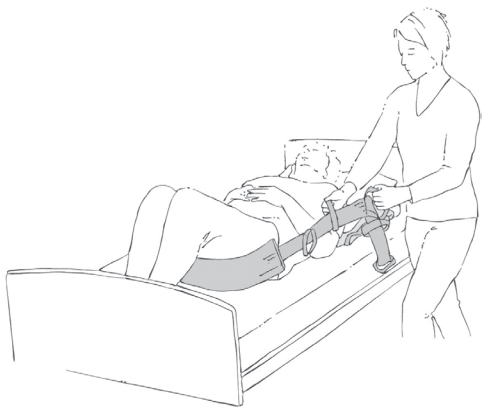
# Index

|   |    |
|---|----|
| Illustrations.....                      | 3  |
| User manual - English .....             | 4  |
| Bruksanvisning - Svenska.....           | 9  |
| Bruksanvisning - Norsk .....            | 14 |
| Brugervejledning - Dansk.....           | 19 |
| Käyttöohjeet - Suomi.....               | 24 |
| Gebrauchsanweisung - Deutsch ...        | 29 |
| Gebruiksaanwijzing - Nederlands ...     | 34 |
| Instruction d'utilisation - Francais... | 39 |
| Istruzioni per l'uso - Italiano .....   | 44 |
| Instrucciones de uso - Español ....     | 49 |

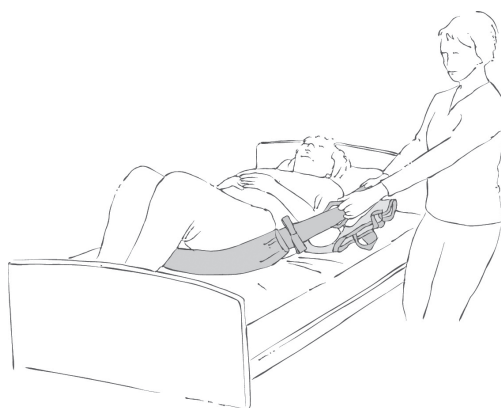
See [www.etac.com](http://www.etac.com)



# Illustrations



1



2

# General

## Thank you for choosing an Etac product.

To avoid accidents and injury when moving and handling the products, please read this manual carefully.

The person described as “the user” in this “Instruction for Use” is the person who is lying or sitting on the product. The carers are the people who manoeuvre the product.



**This symbol appears alongside the text in the manual. It draws the reader’s attention to points at which there may be a risk to the health and safety of the user or carer.**

These products comply with the standards applicable for Class 1 products in the Medical Device Regulation (EU) 2017/745 on medical devices.

At Etac we strive to continually improve our products and therefore we reserve the right to make changes to products without prior warning. All measurements given on illustrations and similar material are for guidance only and Etac cannot be held liable for errors and defects.

The information given in this manual, including recommendations, combinations and sizing, does not apply to special orders and modifications. If the customer makes adjustments, repairs or uses combinations not predetermined by Etac, the Etac CE certification and Etac warranty will not be valid. If in doubt, please contact Etac.

Warranty: Two-year warranty on material and manufacturing defects, provided that the product is used correctly.

Expected lifetime: The device has an expected service life of 1 to 2 years under normal use. The service life of the device varies depending on usage frequency, loads and how often and how it is washed.

For further information on the Etac Patient handling, see [www.etac.com](http://www.etac.com).

In case of an adverse event occurred in relation to the device, incidents should be reported to your local dealer and the national competent authority in a timely manner. The local dealer will forward information to manufacturer.

### Symbols in general



Washing



Disinfect / Wipe off



Warning



Manufacturer



Do not bleach



Never leave on the floor



Production year, month and day



CE -certification



Tumbledry



Risk of sliding down



Batch no./Lot no.



Keep dry



Iron



Keep out of the sun



User mass limit = maximum rated load



Non sterile



Do not dryclean



Read the user manual



The product can be scrapped according to national regulations



Article number



Medical device

### Intended use

OneManSling has been specially developed for manual handling of a user higher up in the bed when only one carer is available for the task.

### Intended environment

Acute care, Long-term care, Home care

# Practical handling

## Positioning

The black webbing strap is fastened to a stable part of the bed frame at the head end.

Attach the glide sleeve to the webbing strap and feed it past the handles, so that it glides without obstruction.

## Use

### Moving the user higher up in the bed

The user bends his/her legs slightly.

OneManSling is pushed under the user's legs and is pulled until the glide sleeve lies against the user's rear.

The rest of the webbing strap with the handles is fed to the opposite side of the bed.

The carer moves around to the opposite side of the bed at the head end. The carer positions a MultiGlide under the user's pillow and pulls down so that it covers the user's shoulders.

Further glide devices can be added under the user's rear (and under the legs if the user is not able to bend his/her knees).

The carer stands with one foot forward, grasps one or two of the handles closest to the user's hip and uses weight transference (Illustrations 1 and 2).

The procedure can be repeated if necessary.

After manual handling, remove MultiGlide and feed OneManSling back to the opposite side at the head end, where it can be stored until the next time.

### Legs into bed

Attach OneManSling to a stable part of the bed frame at the foot end on one of the long sides (the same side as where the user sits on the edge of the bed).

Feed OneManSling under the user's knees (closest to the foot end) and around the ankle of the other leg, so that the user's legs are above OneManSling.

When the user is ready, the carer pulls the OneManSling handles in the direction of the foot end.

Both of the user's legs are now pulled towards the foot end. The carer continues to move around the end of the bed in an arch, ending up at the opposite side of the bed.

There is no need to lift the webbing strap. The carer simply has to move in an arch around the foot end.

When the carer reaches the foot end on the opposite side, she/he can continue to pull on the strap until the user's legs are in the middle of the bed.

For optimal gliding movement, a Glide Cushion or MultiGlide can be used at the edge of the bed at the foot end under OneManSling.

NB! This manual handling must be carried out by two carers if the user is unable to lay down his/her upper body by him/herself. The bed headboard can be raised if necessary.

# Notice

## Special features

Always check the product before use and after washing.

Never use a defective product. If the product shows signs of wear-and-tear, it must be scrapped.

Read these instructions carefully.

It is important that carers receive instruction in manual handling. Etac offers advice and training for carers. For further information, contact Etac.

Always use the correct manual handling techniques.

Encourage the user to assist where possible.

To ensure that the user feels safe and that every manual handling is smooth, always plan the manual handling in advance.



There is a risk that the user may slide off. Never leave the user alone on the edge of the bed.



Never leave the product on the floor.



Always conduct a risk assessment, and ensure that the assistive product can be used for the individual user and, in combination with other devices, that it is safe for the user and carers.



Do not use the product as a sling.

If in any doubt - please contact Etac.

## Material and cleaning

### Material:

Belt: Polyester.

GlideSheet:

Inner surface: Nylon

Outer surface: Polyurethane

Filling: Polyester (machine-washable at 95°C).

The product should be checked regularly, preferably each time it is used, and especially after washing.

Check that there is no damage to seams or fabric.



**Never try to repair a product yourself.**  
**Never use a defective product.**

### Washing instructions:

Separate the two parts before washing.

Do not use fabric softener.

This product can be cleaned with a solvent-free cleaning agent with a pH level between 5 and 9, or a 70% disinfection solution.



## Products and accessories

| Article no. | Product Description | Size (mm) |
|-------------|---------------------|-----------|
| IM460PU     | OneManSling         | W75xL3000 |

## Combinations

| Article no. | Product Description                        | Size (mm)<br>(open on the width) |
|-------------|--|----------------------------------|
| IM100       | MultiGlide vertical XXS                    | W1000xL700                       |
| IM103/1     | MultiGlide vertical XS                     | W1000xL1350                      |
| IM102       | MultiGlide vertical S                      | W1000xL2000                      |
| IM108       | MultiGlide vertical M                      | W1080xL800                       |
| IM120       | MultiGlide vertical L                      | W1200xL700                       |
| IM130       | MultiGlide vertical XXL                    | W1300xL800                       |
| IM168       | MultiGlide vertical XXXL                   | W1600xL800                       |
| IM200       | MultiGlide vertical XXXXL                  | W2000xL700                       |
| IM40        | MultiGlide lateral XXS                     | W400xL400                        |
| IM62        | MultiGlide lateral XS                      | W600xL250                        |
| IM66        | MultiGlide lateral S                       | W600xL600                        |
| IM77        | MultiGlide lateral M                       | W720xL700                        |
| IM88        | MultiGlide lateral L                       | W800xL800                        |
| IM80        | MultiGlide lateral XL                      | W720xL1000                       |
| IM83        | MultiGlide lateral XXL                     | W720xL1300                       |
| IM82        | MultiGlide lateral XXXL                    | W700xL2000                       |
| IM00100     | MultiGlide SG vertical XXS                 | W1000xL700                       |
| IM00108     | MultiGlide SG vertical M                   | W1080xL800                       |
| IM00120/1   | MultiGlide SG vertical XL                  | W1200xL900                       |
| IM00139     | MultiGlide SG vertical XXL                 | W1300xL900                       |
| IM00130     | MultiGlide SG vertical XXL - mini          | W1300xL800                       |
| IM00170     | MultiGlide SG vertical XXL - wide          | W1400xL1200                      |
| IM00200     | MultiGlide SG vertical XXXXL               | W2000xL700                       |
| IM0040      | MultiGlide SG lateral XXS                  | W400xL400                        |
| IM0066      | MultiGlide SG lateral S                    | W600xL600                        |
| IM0077      | MultiGlide SG lateral M                    | W720xL700                        |
| IM0088      | MultiGlide SG lateral L                    | W800xL800                        |
| IM0080      | MultiGlide SG lateral XL                   | W720xL1000                       |
| IM0083      | MultiGlide SG lateral XXL                  | W720xL1300                       |
| IM0082      | MultiGlide SG vertical XXXXL               | W700xL2000                       |
| IM100/140   | MultiGlide open                            | W1000xL1400                      |
| IM00150/70  | MultiGlide SG open                         | W1500xL700                       |
| IM2245      | MultiGlide SG Roll. 10 metres              | W1500xL10000                     |
| IM2249      | MultiGlide SG Roll. 100 metres             | W1500xL100000                    |
| IM60/25N    | GlideCushion Nylon XS                      | W600xL250                        |
| IM60/50     | GlideCushion S                             | W600xL500                        |
| IM60/90     | GlideCushion M                             | W600xL900                        |
| IM69/70     | GlideCushion L                             | W690xL700                        |
| IM90/90     | GlideCushion XL                            | W900xL900                        |
| IM4303      | GlideCushion S set Incl. IM60/50 + IM6000N |                                  |
| IM130DR     | MultiGlide w/handles                       | W1300xL800                       |
| IM160DR     | MultiGlide w/handles                       | W1600xL800                       |

ILL.

GB

SV

NO

DA

FI

DE

NL

FR

IT

ES

# Service information

## Inspection

### First inspection:

- Is the packaging intact?
- Read the label on the packaging and check the article no. and product description
- Check that Short Instruction is enclosed – updated User Manual/Instruction for use can be downloaded from [www.etac.com](http://www.etac.com) or contact your Etac Customer Service or the local dealer.
- Check the label on the product - does it include article no., product description, lot/batch no., cleaning instructions and supplier name?

### Periodic Inspection:

- Make sure that your Manual transfer system always is in a perfect condition.
- After wash – always check materials, stitching, handles, buckles.
- If the product shows signs of wear and tear, it must be removed from service immediately.



#### Visual inspection/Check the product:

Ensure that the materials, seams, stitching, handles, buckles are intact/faultless.



#### Stability test:

Try to bend the product verify that it feels firm, stable and solid.



#### Mechanical load or stress/Test handles:

Draw hard in the handles in opposite directions and control the material, seams and stitching.

Test buckles:

Lock the buckle and draw in opposite directions, control the buckle and the stitching.



#### Test low/high friction:

Place the product on a firm surface or a bed, place your hands on the material and test the friction by pushing your hands down into the product.

Low friction – slides effortlessly

High friction – no sliding/moving

#### Check:

Manual transfer aids with handles, straps and buckles:



Manual transfer aids with for sitting and lying transfer and with high or low friction:



Production year, month and day



The product can be scrapped in accordance with national regulations



Read the user manual