



Matrix Medial

INSTRUCTIONS FOR USE

Fitting Instructions

1. Remove inlay and place Matrix Medial in shoe.
2. Place inlay over the top of the footplate. The inlay can be custom, off the shelf or supplied with the user's footwear.
3. Insert foot into shoe with laces loosened, fasten straps.
4. Check fit.



HEEL STRIKE



MID STANCE



TOE OFF

- Perform trial walking as above. Ensure the knee is not hyper-extended.
 - Check footwear is not distorted.
 - Ensure the patient is comfortable and there are no areas of pressure which may lead to sores or ulcerations.
5. Make adjustments if needed.
 - Footplate: **Matrix Medial T** has a trimmable footplate that can be trimmed to fit a range of shoe sizes. **Matrix Medial** can be adjusted by grinding to fit in the patient's shoe. Appropriate extraction and personal protective equipment must be used.
 - Straps: The strap can be trimmed to the required length.
 - Inlay: The inlay can be bonded to the Matrix footplate to secure its position, if desired.



GRINDING AND TRIMMING

Matrix Family Product Guidelines

Matrix products are manufactured from advanced composite materials and are designed to promote dynamic walking in patients with drop foot and may also be used to address other biomechanical deficits.

Footwear selection: for optimal performance and durability of the Matrix range, footwear should have a firm heel counter, 10mm heel pitch, non-slip flexible sole and enough room to accommodate the orthosis. Boots and high heels should not be worn. Matrix products must not be used without footwear.



The product must NOT be used for running, squatting, kneeling, climbing ladders or climbing stairs by loading the footplate *unevenly*.

Care of your Matrix Medial

Matrix products should be used only as directed by a medical practitioner.

The product should be regularly cleaned by wiping with a damp cloth and hand washing the removable pad and strap.

Discontinue use immediately if you notice any excessive redness, abrasions or irritation.

Please dispose of your Matrix in accordance with local and national laws and regulations.



Trulife Limited
41 Amos Road, Sheffield
S9 1BX, United Kingdom

www.trulife.com

