

# Instruction for use



IMM1005\_IFU.Version7.2020-07-30



# TurningMattress

**immedia**  
by Etac

# Index

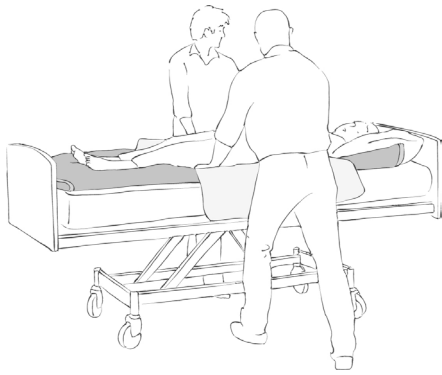
Illustrations .....	3
User manual - English .....	4
Bruksanvisning - Svenska.....	9
Bruksanvisning - Norsk .....	14
Brugervejledning - Dansk.....	19
Käyttöohjeet - Suomi.....	24
Gebrauchsanweisung - Deutsch .....	29
Gebruiksaanwijzing - Nederlands.....	34
Instruction d'utilisation - Français.....	39
Istruzioni per l'uso - Italiano .....	44
Instrucciones de uso - Español .....	49

See [www.etac.com](http://www.etac.com)



# Illustrations

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1

# General

## Thank you for choosing an Etac product.

To avoid accidents and injury when moving and handling the products, read the manual carefully.

The person described as “the user” in this user manual is the person who is lying or sitting on the product. The carer or carers are the people who manoeuvre the product.



**This symbol appears alongside the text in the manual. It draws the reader’s attention to points at which there may be a risk to the health and safety of the user or carer.**

These products comply with the standards applicable for Class 1 products in the Medical Device Regulation (EU) 2017/745 on medical devices.

At Etac we strive to improve our products all the time and therefore we reserve the right to make changes to products without prior warning. All measurements given on illustrations and similar material are for guidance only and Etac cannot be held liable for errors and defects.

The information given in this manual, including recommendations,

combinations and sizing, does not apply to special orders and modifications. If the customer makes adjustments, repairs or combinations not predetermined by Etac, the Etac CE certification and Etac warranty will not be valid. If in doubt, please contact Etac.

Warranty: Two-year warranty on material and manufacturing defects, provided that the product is used correctly.

Expected lifetime: The device has an expected service life of 1 to 2 years under normal use. The service life of the device varies depending on usage frequency, loads and how often and how it is washed.

For further information on the Etac transfer range, see [www.etac.com](http://www.etac.com).

In case of an adverse event occurred in relation to the device, incidents should be reported to your local dealer and the national competent authority in a timely manner. The local dealer will forward information to manufacturer.

### Symbols in general

Washing	Disinfect / Wipe off	Warning	Manufacturer
Do not bleach	Never leave on the floor	Production year, month and day	CE -certification
Tumbledry	Risk of sliding down	Batch no./Lot no.	Keep dry
Iron	Keep out of the sun	User mass limit = maximum rated load	Non sterile
Do not dryclean	Read the user manual	The product can be scrapped according to national regulations	Article number
Medical device			

### Intended use

Regular turning and positioning of immobile users.

### Intended environment

Acute care, Long-term care, Home care.

# Practical handling

## Positioning

To position TurningMattress: Position TurningMattress in the bed with the cotton extension piece at the head end.

A cover/sheet or absorbent sheet can also be fitted if required.

## Use

The carer grasps the sheet over TurningMattress using a “flourbag grip” or an “axe grip”. Then, with arms stretched at the level of the user’s shoulders and hips, with one foot forward and using weight transference, the carer pulls the user out to the edge of the bed:

The carer bends slightly at the knee and, with elbows close into the body, straightens up, thus turning the user on their side (Illustration 1). Alternatively, a carer on the opposite side grasps the sheet and turns the user using weight transference.

In connection with positioning the user’s back can be supported using a rolled TurningMattress or a Positioning Wedge.

When positioning is completed, the user can be returned to lie on his/her back or pushed back to the middle of the bed.

### Raising the head end

The head end of TurningMattress has a cotton fabric extension which can be folded down behind the bed/under the mattress when the head end is raised. This prevents the user from sliding down.

At the same time, to achieve a comfortable seated position, it will often be beneficial to position a rolled TurningMattress behind the user’s knees.

### Adjustment:

To smooth TurningMattress, two carers pull diagonally in each corner of the top part of TurningMattress and in the waterproof cover.

# Notice

## Special features

Always check the product before use and after washing.

Never use a defective product. If the product shows signs of wear-and-tear, it must be scrapped.

Read these instructions carefully.

It is important that carers receive instruction in manual handling.

Etac offers advice and training for carers. For further information, contact Etac.

Always use the correct manual handling techniques.

Encourage the user to assist where possible.

To ensure that the user feels safe and that every manual handling is smooth, always plan the manual handling in advance.



There is a risk that the user may slide off. Never leave the user alone on the edge of the bed.



Never leave the product on the floor.



Always conduct a risk assessment, and ensure that the assistive product can be used for the individual user and, in combination with other devices, that it is safe for the user and carers.



It is recommended that the guard rail is in place when the user is left on the glide system, unless a risk assessment has found that the user can be safely left on the glide system without the need of guard rails.



Always lock the glide system when you have completed the transfer.



To reduce sliding down in bed if the head end is elevated, fit the additional poly/cotton around the bed mattress.

If in any doubt - please contact Etac.

## Material and cleaning

### Material:

Outer surface: 65% polyester/35% cotton

Inner surface: Nylon.

The product should be checked regularly, preferably each time it is used.

Check that seams and fabric are not damaged.



**Never try to repair a product yourself.  
Never use a defective product.**

### Washing instructions:

Do not use fabric softener.

This product can be cleaned with a solvent-free cleaning agent with a pH level between 5 and 9, or a 70% disinfection solution.



## Products and accessories

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Article no.	Product Description	Size (mm)
IM92/195	TurningMattress L	W920xL1950

ILL.

GB

SV

NO

DA

FI

DE

NL

FR

IT

ES

# Service information

## Inspection

### First inspection:

- Is the packaging intact?
- Read the label on the packaging and check the article no. and product description
- Check that Short Instruction is enclosed – updated User Manual/Instruction for use can be downloaded from [www.etac.com](http://www.etac.com) or contact your Etac Customer Service or the local dealer.
- Check the label on the product - does it include article no., product description, lot/batch no., cleaning instructions and supplier name?

### Periodic inspection:

- Make sure that your Manual transfer system always is in a perfect condition.
- After wash – always check materials, stitching, handles, buckles.
- If the product shows signs of wear and tear, it must be removed from service immediately.



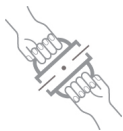
#### Visual inspection/Check the product:

Ensure that the materials, seams, stitching, handles, buckles are intact/faultless.



#### Stability test:

Try to bend the product verify that it feels firm, stable and solid.



#### Mechanical load or stress/Test handles:

Draw hard in the handles in opposite directions and control the material, seams and stitching.

Test buckles:

Lock the buckle and draw in opposite directions, control the buckle and the stitching.



#### Test low/high friction:

Place the product on a firm surface or a bed, place your hands on the material and test the friction by pushing your hands down into the product.  
Low friction – slides effortlessly  
High friction – no sliding/moving

### Check:

Manual transfer aids with handles, straps and buckles:



Manual transfer aids with for sitting and lying transfer and with high or low friction:



Production year, month and day



The product can be scrapped in accordance with national regulations



Read the user manual